

AUSTRALIAN INSTITUTE OF **PERSONAL TRAINERS**

This is to certify that

Emily Carr

has fulfilled the requirements for

SIS40215
Certificate IV in Fitness



Adam Woollard
CEO

Date of Issue: 12 April 2023
Date of Completion: 09 April 2023
Certificate No.: CERT45426
National Provider Number: 32363

Australian
Qualifications
Framework 


NATIONALLY RECOGNISED
TRAINING



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ACADEMIC TRANSCRIPT

Student Name: Emily Carr
Course Name: SIS40215 Certificate IV in Fitness
Date of Completion: 09 April 2023

BSBSMB401	Establish legal and risk management requirements of small business
BSBSMB403	Market the small business
BSBSMB404	Undertake small business planning
BSBSMB405	Monitor and manage small business operations
SISFFIT012	Instruct movement programs to children aged 5 to 12 years
SISFFIT013	Instruct exercise to young people aged 13 to 17 years
SISFFIT015	Collaborate with medical and allied health professionals in a fitness context
SISFFIT016	Provide motivation to positively influence exercise behaviour
SISFFIT017	Instruct long-term exercise programs
SISFFIT018	Promote functional movement capacity
SISFFIT019	Incorporate exercise science principles into fitness programming
SISFFIT020	Instruct exercise programs for body composition goals
SISFFIT021	Instruct personal training programs
SISFFIT023	Instruct group personal training programs
SISFFIT025	Recognise the dangers of providing nutrition advice to clients
SISFFIT026	Support healthy eating through the Eat for Health Program
SISSSTC301A	Instruct strength and conditioning techniques
SISSSTC402A	Develop strength and conditioning programs
SISXCCS003	Address client needs
SISXRES001	Conduct sustainable work practices in open spaces

-End of Record-

This statement is issued without alteration or erasure of any kind.



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